

# Todd Caldecott, Dip. Cl.H., RH(AHG)

Consultant Clinical Herbalist, Ayurvedic practitioner

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## Education

**1997** Certificate, Aarsha Yoga Vidya Pitam (360 hours), Arya Vaidyan Rama Variar Educational Foundation of Ayurveda, Arya Vaidya Chikitsalayam (Hospital), Coimbatore, India; Dr. V. Vasudevan, Director.

- *three month, intensive training in Ayurvedic medicine and Ashtanga Yoga at an Ayurvedic hospital and training centre in India*
- *observed and practiced clinical and hospital procedures under the supervision of Ayurvedic doctors over an additional 4 week period*

**1996** Diploma (Dip. Cl.H.), Clinical Herbalist program (1400+ hours), Coastal Mountain College of Healing Arts, Vancouver BC; Chanchal Cabrera (MNIMH, AHG) and Rowen Hamilton (MNIMH, AHG), Directors.

- *three year clinical training in phytotherapy (Western herbal medicine), including anatomy and physiology, pathology, materia medica, herbal therapeutics, pharmacognosy, clinical nutrition, and clinical assessment (copy of diploma available upon request)*
- *completed 400 hours of supervised clinical practicum*
- *training similar in scope to the British medical herbalists (MNIMH), who are a recognized part of the health care delivery system in Great Britain*

## Additional training

**2003** Certificate, Thought Field Therapy (TFT), Calgary AB; Loretta Mohl, instructor

- *trained in TFT algorithms and energy psychology diagnosis*

**2003** Certificate, Usui Reiki Levels I/II, Calgary AB; Dorothy Bishop

- *trained and practiced in Usui Reiki*

**1995** Certificate, Centre for Ayurvedic Studies, Levels I & II (72 hours); Vancouver, BC; Dr. T. Sukumaran (B.A.M.), Director.

- *studied and apprenticed under an experienced Ayurvedic physician*

**1995** WonderTree Institute for Natural Lifelong Learning, Summer Course (112 hours); Vancouver, B.C.

- *studied and practiced skills to help students become fully engaged, life-long learners*

**1994** Ayurvedic Bodywork (72 hours), Margaret Lambert, instructor. Wild Rose College of Natural Healing, Vancouver, BC

- *studied and applied Ayurvedic massage techniques and Polarity therapy*

## Industry Experience – Clinical Practice

**2006 – Present:** Clinical Herbalist, Private practice, Vancouver, BC, Canada

- *clinical practice, specializing in Western herbal medicine, Ayurvedic medicine, clinical nutrition, and energetic healing*

**1999 – 2004:** Clinical Herbalist, Wild Rose Wholistic Clinic, Calgary, AB, Canada

- *clinical practice, specializing in Western herbal medicine, Ayurvedic medicine, clinical nutrition, and energetic healing*
- *managed tincture dispensary, including preparation of tinctures and herbal extracts*

**1997 – 1999:** Clinical Herbalist, Kutenai Herbal Clinic, Nelson, BC, Canada

- *practiced in a physiotherapy clinic as a Clinical Herbalist*
- *clinic and dispensary manager*
- *manufactured herbal products for the local retail market and other companies*

**1996 – 1997:** Ayurvedic bodywork, Hands-on Healing, Vancouver, BC, Canada

- *provided Ayurvedic bodywork as an in-home service in the Vancouver area*

## Industry Experience – Teaching and instruction

**2007 – Present:** Instructor, Boucher Institute of Naturopathic Medicine

- *responsible for training naturopathic students in botanical medicine*

**2006 – Present:** Instructor, Prana Yoga Teacher College Diploma Program, Vancouver, BC

- *responsible for instructing students in Ayurvedic medicine and human nutrition*

**2006 – Present:** Instructor, Langara College, Centre for Holistic Health Studies, Vancouver, BC

- *responsible for instructing a four month program in Ayurvedic medicine*

**2001 – 2004:** Director of Clinical Herbal Studies, Wild Rose College of Natural Healing, Calgary, AB, Canada

- *responsible for the development of a three year clinical training program in herbal medicine at the Wild Rose College of Natural Healing*
- *responsible for administering and co-coordinating different facets of the program*

**2002, October:** Presenter, *Amavata: Inflammatory Joint Disease in Ayurveda*, Comparative Medicine for Clinical Practice, American Herbalists Guild annual symposium, George Williams Conference Center, Lake Geneva, Aurora University, WI, USA (paper available upon request)

**2001, April:** Lecturer, *Holistic Approaches in the Treatment of Inflammatory Bowel Disease*, Faculty of Medicine lecture hall, University of Calgary, Foothills Hospital, Calgary, AB, Canada

- *co-lectured with Dr. Remo Panaccione, Assistant Clinical Professor, Gastroenterology, University of Calgary (paper available upon request)*

**1999, July:** Instructor, Douglas College, Introductory Herbal Medicine, Hollyhock resort, Cortes Island BC, Canada

- *taught a 2 week, full-time course in introductory herbal medicine at Hollyhock resort*

**1998 – 2004:** Instructor, Wild Rose College of Natural Healing, Calgary, AB, Canada

- *senior lecturer in anatomy and physiology, pathology, clinical assessment, materia medica herbal therapeutics, pharmacy, Ayurvedic medicine, and clinical practicum*

**1997 – 1998:** Instructor, Selkirk College, Nelson, BC, Canada

- taught several courses in introductory herbal medicine and nutrition to the general public
- lectured on the medicinal uses of local non-timber forest products for trained professionals and forestry students

## Industry Experience – Research and product development

**2006 – 2007:** Scientific Writer, Vitality Works, Albuquerque, New Mexico, USA

- developed marketing copy and technical material related to herbal products and formulae
- developed content for consumer newsletter

**2006 – current:** Technical Advisor/Marketing Director, Sewanti Ayurvedic Series, Vancouver, BC, Canada

- developed and assessed technical material for a new Ayurvedic line, including Natural Product licensing and labeling
- developed sales training material and marketing copy

**2004 – 2005:** Curriculum Director, Renew Life Formulations, Clearwater, FL, USA

- curriculum development for sales staff
- product formulation, research and development, marketing

**2004 – Present:** Consultant Herbalist, Skyline Distributing, Calgary, AB, Canada

- development of a line of veterinary herbal products for horses ([www.equiherb.com](http://www.equiherb.com))

**2001 – 2004:** Consultant Herbalist, Chiron Organic Farm, Calgary, AB, Canada

- development and manufacture of herbal products (tinctures, percolations, herbal decoction blends) for the dispensary at Wild Rose Clinic

**1998 – 2002:** Consultant Herbalist, Sunshine Bay Botanicals, Procter, BC, Canada

- non-timber forest product (NTFP) research in the Harrop-Procter Community Forest
- co-author of “Summary of the Medicinal Plant Research Fieldwork of 2000 in the Harrop-Procter Community Forest” (abstract available upon request)
- product research, development and formulation
- staff and community instruction

## Published Work - Highlights

Caldecott, Todd. 2006. *Ayurveda: The Divine Science of Life*. Edinburgh UK: Elsevier/Mosby

Caldecott, Todd. 2004 – 07: Columnist, Red Flags Daily (<http://www.redflagsdaily.com/columnists/caldecott>)

Caldecott, Todd. 2003. Thomsonianism and Ayurveda. *JAHG* 4(1)

Caldecott, Todd, Alan Tillotson and K.P. Singh. 2001. Triphala: Modern Medicinal Uses for a Traditional Ayurvedic Formulation. *Can J Herb.* 22 (2) 16-23, 42-44

Caldecott, Todd. 2000. An Introduction to Ayurvedic Pharmacology. *JAHG* 1(1), 18-25

Caldecott, Todd. 2000. Case history: ventricular tachycardia. *JAHG* 1(1), 29.

Caldecott, Todd and Evan McKenzie, R.P. Bio. 2001. *Summary of the Medicinal Plant Research Fieldwork of 2000 in the Harrop-Procter Community Forest*. Nelson, BC: Evan McKenzie Ecological Research

## Affiliations

**1998 – Present:** American Herbalists Guild (AHG), Professional Member

- *professional member of the largest peer-reviewed association of Clinical Herbalists in North America (www.americanherbalistsguild.com)*
- *published contributor to the Journal of the American Herbalists Guild*
- *active member of the Admissions Review Committee and National Examination and Certification Development Committee within the Guild*

## Volunteerism

**2006 - current:** Volunteer, Ayurvedic medicine, The Friends For Life Society, Vancouver, BC

- *teach Ayurvedic medicine and also provide training on the preparation of immunomodulating/stimulating foods for people with life threatening illness*

**2006 - current:** Volunteer, Inner Peace Society

- *an organization devoted to development of Ayurveda in Canada, including meet-up groups and other networking activities*

## Current Interests

- Sustainable agroforestry and non-timber forest products
- Ethnomedicine and folk healing
- Indian Classical music, Jazz, and Blues (guitar, voice and tabla)
- Spirituality: hatha yoga, Tibetan Bön/Dzog Chen, Hinduism, Buddhism, Taoism, Sufism
- Recreational activities: biking, hiking, canoeing, herb walks, family activities
- Homeschooling